

New Book Offers Hope for Those Who Suffer From Atrial Fibrillation

*Nancy Kaltenberger is one of millions of people in the US who suffer from Atrial Fibrillation. With few visible symptoms, she and others have quietly endured the discomfort and emotional pain alone. Nancy has written the book, *Hope When The River Rages*, in which she openly shares her struggles and a strength that comes from God. Through her writing, she identifies with others and helps them to find that same strength.*

Somis, CA ([PRWeb](#)) November 7, 2006 -- Atrial Fibrillation (AF) is on the rise and is troubling doctors and patients, especially in the aging population. There are more than 5 million people affected by AF in the US alone. Nancy Kaltenberger has struggled, as many others have, with this potentially serious heart arrhythmia. The symptoms of AF can be mild or serious, depending on the response to treatment. Nancy has dealt with a very serious version of the epidemic.

LifeSong Publishers has just released *Hope When the River Rages* by Nancy Kaltenberger. Because of her inability to tolerate the prescribed medications, she has been at death's door five different times with a heart attack, stroke and pulmonary failure. She recalls her symptoms, her emotional peaks and valleys, and her despair. Yet, throughout her many ordeals she has grasped hope and her faith in God has sustained her.

Nancy shares openly about her life's fears and failures, hope and victory, as though you were sitting in the room with her. She describes in detail the night that her family "circled the wagons" at the hospital, not expecting her to survive the night. She shares her thoughts when she is alone and feeling isolated. She shares the Scriptures that have been her "hope through troubled waters." *Hope When The River Rages* will bring tears to empathetic eyes, laughter to weary bodies, and hope to hurting hearts that are struggling with health and related issues. Out of her spiritual and physical exhaustion, she shares a strength that comes from God and she encourages others to find that same strength.

Author Nancy Kaltenberger is an author and conference speaker who lives in Loveland, Colorado. She was previously general manager of an automobile dealership in Cheyenne, Wyoming. If you would like more information about Nancy Kaltenberger or *Hope When the River Rages*, see www.nancykministries.com or contact Nancy at 970-219-9768. *Hope When the River Rages* is available through LifeSong Publishers at www.lifesongpublishers.com or from your favorite bookstore.

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